

NHS Wigan Borough CCG Personal Health Budgets Local Offer 2016

What is a Personal Health Budget?

A Personal Health Budget is a pot of money that supports a person who has identified health and wellbeing needs. A Personal Health Budget is different to other pots of money because the person and their local NHS team work together to agree how it will be spent.

Personal Health Budgets are one way of giving people more choice and control over the care they receive. At the centre of the Personal Health Budget is the person's care and support plan. This helps people identify their health and wellbeing goals and sets out how the budget will be spent to meet these goals.

Who can have a Personal Health Budget?

- Adults eligible for NHS Continuing Healthcare eligible for a Continuing Care package have the right to have a personal health budget.
- Children and Young People eligible for a Continuing Care package have the right to have a personal health budget.
- Children with special educational needs and disabilities as part of their Educational Health and Care plans are able to request a personal health budget.
- Children with complex health needs and long term conditions are able to request a personal health budget.

Wigan Borough Clinical Commissioning Group is currently delivering Personal Health Budgets to the above and wants to further develop Personal Health Budgets and extend them to:

- Adults with complex care needs whose care package is jointly funded by the CCG and Wigan Council.
- Adults with a Learning Disability and/or Autism in line with the plans for 'Transforming Care' for people with Learning Disabilities in Wigan.

During the next 5 years we will be reviewing Personal Health Budgets to consider which other groups of people may benefit from them and to expand the offer to them where we can. This will take time though as there isn't any new money to support it.

Working together

Personal Health Budgets are a way of enabling people with long-term conditions and disabilities to have greater choice, flexibility and control over the healthcare and support they receive and to be more involved in the discussions and decisions about their care.

One of the aims of Personal Health Budgets is to enable people to play an active role in managing their health. This can be described as co-production – working together with health professionals as an equal partner, deciding together how best to achieve goals.

What can a Personal Health Budget be spent on?

A Personal Health Budget can be spent on care or services that are set out in the care and support plan that has been approved by the CCG.

Everyone with a Personal Health Budget will be given support to think through how they would like to use their budget to meet their health and wellbeing needs.

What a Personal Health Budget doesn't cover

There is lots of flexibility around what a Personal Health Budget can be spent on, but there are a small number of things that it can't be used for:

- It can't be used to buy emergency care
- It can't be used to buy Primary Care Services such as seeing a GP or dental treatment, or prescription costs
- It can't be used for things like alcohol, tobacco, gambling or debt repayment or anything that is illegal.

Want to know more?

Further information and links to useful resources can be found at the NHS Choices website link below:

www.nhs.uk/choiceintheNHS/Yourchoices/personal-health-budgets

Or you can contact the CCG:

01942 482711

public@wiganboroughccg.nhs.uk