

# Spotlight on Population Health

Lynne Calvert, Service Manager Live Well

23<sup>rd</sup> May 2017

Sunshine House Annex

# Heart of Wigan

1

- **North Karelia Whole System CVD Prevention**

2

- **Heart Start from Seattle**

3

- **Lessons from Heart of Mersey**

4

- **RSPH Health Improvement Level 2 (Heart Champions)**

5

- **Community Defibrillator roll-out**

6

- **NHS Health Checks ..plus Vascular Dementia risk**

# Heart of Wigan Phase 3

## HWBS Priority 1. Increase Physical Activity

- Review targeted early intervention and prevention, and universal physical activity offer.
- Develop programmes targeting key cohorts (Learning & physical disabilities, mental health etc).
- Review the weight management offer across clinical and community programmes – across start live and age well
- Launch “Wigan on the Move” as part of Wigan WellFest (3<sup>rd</sup>-11<sup>th</sup> Sept 2016)
- Borough-wide roll-out of Daily Mile in all primary schools

## HWBS Priority 2 Finding the Missing Thousands

- Expand Health Check screen to include depression and anxiety
- Expand Health Improvement Service offer to develop and include effective level 1 alcohol reduction and wellbeing offer.
- Develop and implement appropriate and adaptable wellbeing programme to be delivered by and for WWL staff groups

- Embed routine NRT provision within pre-operative process for elective surgery
- Vascular dementia risk awareness programme and support developments of Dementia united and dementia friendly communities.
- Maximise the potential of new technology for Health Improvement eg. Wellness kiosks, Quit-it app, mobile support offer.

## HWBS Priority 3. Increasing Independence & Resilience

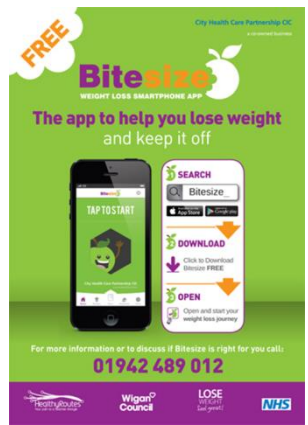
- Ensure Health Improvement outcomes are incorporated into Deal For Communities (including ‘Get Wigan Moving’ allocation).
- Strategic placement and registering of defibrillators.
- Expansion of CPR training and Heart Champion programme.

## HWBS Priority 4. Transport and Planning

- Borough wide strategic cycle plan.
- Develop & agree local criteria on Section 106/community levy investments.
- Broaden the scope of the current ‘greenspace offer’.

# Health Improvement Services

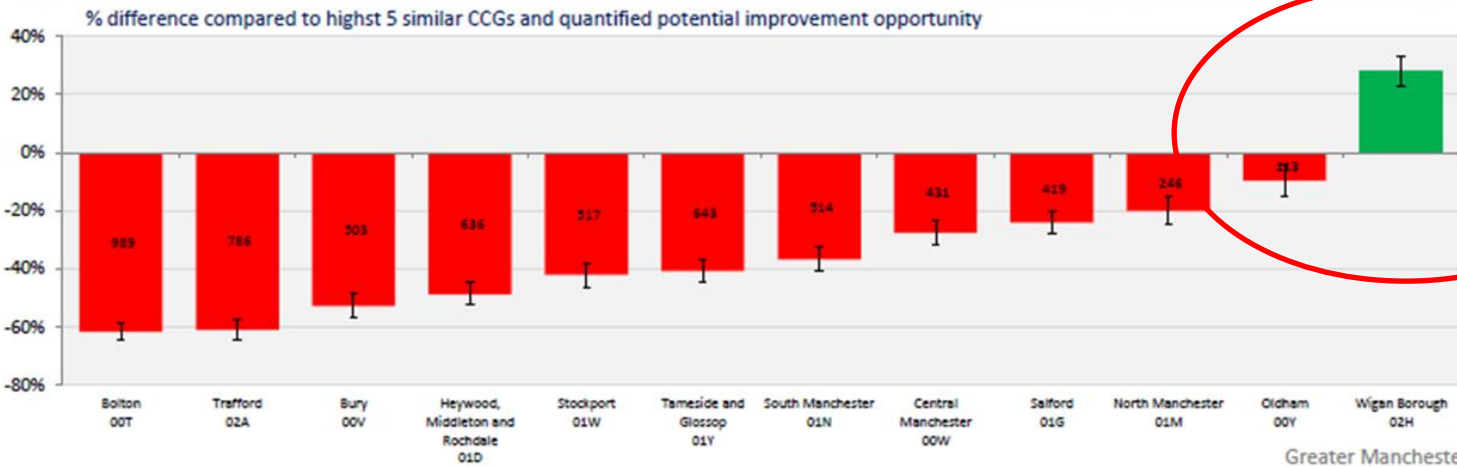
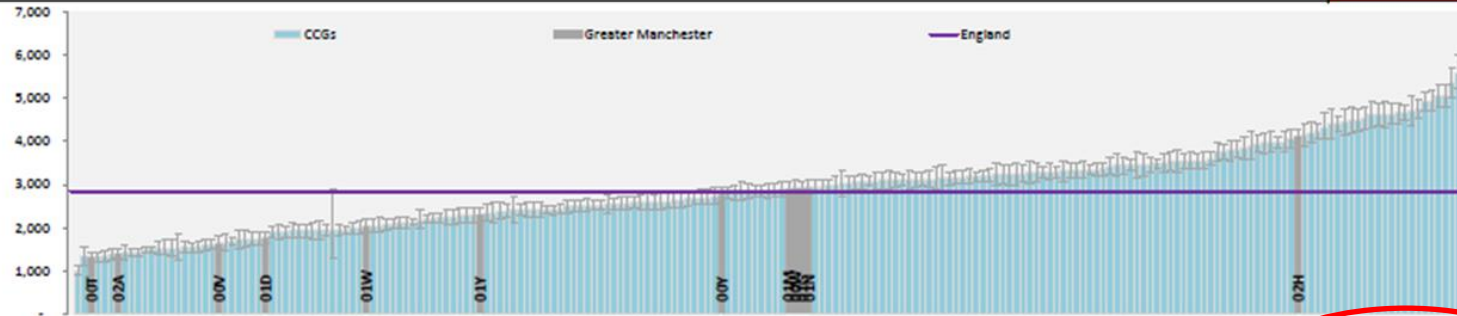
- Remodelled – integrated health improvement service with one front door
  - Online booking solutions, text and Apps
  - Professional referral forms & Opt-out solutions
  - Front line staff having remote access to technology
  - High St access



# Heart of Wigan

Smoking quit rates (successful quitters), per 100,000 population aged 16yrs+ - 2014/15

5,796 Ppl.



**Reducing early deaths and increasing healthy life expectancy in Wigan**

Lynne Calvert Service Manager – Live Well

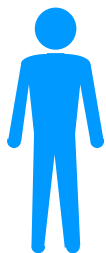
# Public Health Outcomes Framework

The Public Health Outcomes Framework provides indicators that relate to the **absolute** health within Wigan Borough  
The key indicators below show that health in Wigan Borough is improving and the gap with England is reducing



## Healthy Life Expectancy

**59.7**



Up 1 months in last 3 years.



Gap\* up 1 months in last 3 years.



**61.3**



Up 23 months in last 23 years.



Gap\* down over 25 months in last 3 years.



2012 - 2014

\*Compared to England

## Cardiovascular Mortality (under 75)

**127.6/100,000**



Down 29% in last 6 years.



Gap\* down 55% in last 6 years.



**59.3/100,000**



Down 25% in last 6 years.



Gap\* down 44% in last 6 years.



2013 - 2015

\*Compared to England

## Cancer Mortality (under 75)

**160.2/100,000**



Down 16% in last 6 years.



Gap\* down 72% in last 6 years.



**132.7/100,000**



Down 9% in last 6 years.



Gap\* up 12% in last 6 years.

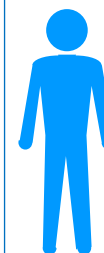


2013 - 2015

\*Compared to England

## Suicide (10+)

**20.0/100,000**



Down 10% in last 6 years.



Gap\* down 45% in last 6 years.



Each suicide is a tragedy. However as the number is small for women (6 deaths a year), Public Health England has not calculated a rate.

2013 - 2015

\*Compared to England

## Challenges

1. To reduce the gap in health experience between areas across the Borough
2. To help people make lifestyle choices that improve their health
3. To focus on what individuals and communities can do to improve health



**Deal for the Future**



# Healthy Life Expectancy



	<u>Value</u>	<u>Trend*</u>	<u>Gap Change**</u>	<u>Value</u>	<u>Trend*</u>	<u>Gap Change**</u>
<b>Wigan</b>	<b>62.5</b>	 37 months	 41 months	<b>61.1</b>	 18 months	 17 months
Barnsley	<b>56.2</b>	 11 months	 7 months	<b>56.3</b>	 12 months	 13 months
Rotherham	<b>59.0</b>	 11 months	 7 months	<b>57.1</b>	 13 months	 14 months
Wakefield	<b>62.0</b>	 12 months	 16 months	<b>58.1</b>	 2 months	 4 months
Tameside	<b>58.6</b>	 22 months	 25 months	<b>57.9</b>	 5 months	 4 months
England	<b>63.9</b>	 4 months		<b>63.3</b>	 1 month	

\*From 2009-11 to 2011-13

\*\*Reduction in gap compared to England



# Healthy Life Expectancy



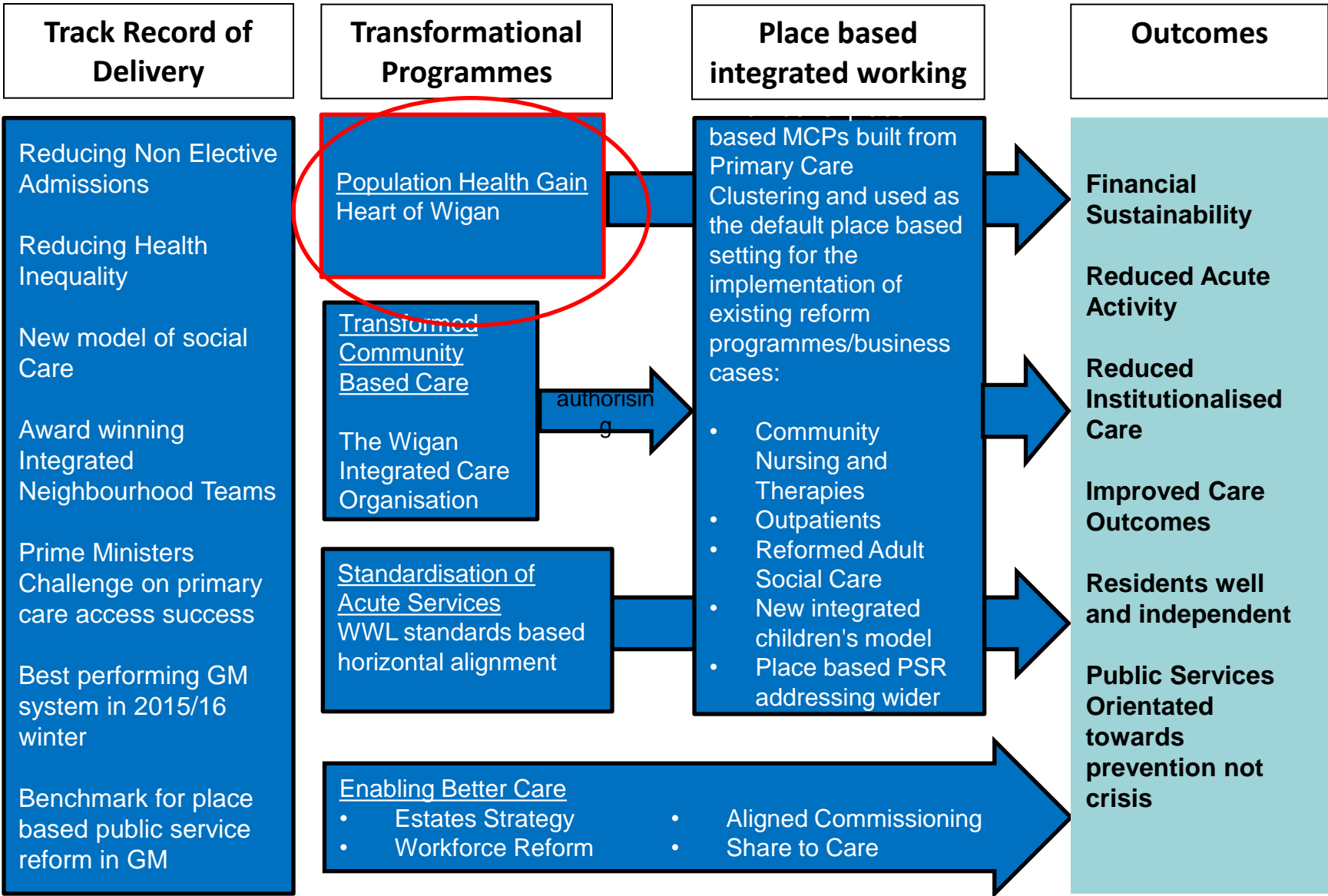
Value	Trend*	Gap Change**	Value	Trend*	Gap Change**	
<b>Wigan</b>	<b>62.5</b>	37 months	41 months	<b>61.1</b>	18 months	17 months
Bolton	<b>62.2</b>	2 months	1 month	<b>61.3</b>	5 months	6 months
Bury	<b>61.6</b>	14 months	11 months	<b>61.9</b>	8 months	7 months
Manchester	<b>56.8</b>	17 months	20 months	<b>58.0</b>	36 months	35 months
Oldham	<b>59.3</b>	12 months	8 months	<b>60.8</b>	6 months	5 months
Rochdale	<b>58.8</b>	8 months	12 months	<b>59.5</b>	2 months	4 months
Salford	<b>58.8</b>	12 months	16 months	<b>57.9</b>	14 months	13 months
Stockport	<b>65.8</b>	13 months	17 months***	<b>65.6</b>	1 month	0 months***
Tameside	<b>58.6</b>	22 months	25 months	<b>57.9</b>	5 months	4 months
Trafford	<b>63.2</b>	7 months	4 months	<b>65.7</b>	11 months	10 months***

\*From 2009-11 to 2011-13

\*\*Change in gap compared to England (\*\*\*)HLE > England



# Wigan Locality Plan for Health & Care Reform





**ANY QUESTIONS?**